ECM Referral Form Adult 21+ Years

ECM is a Medi-Cal benefit that provides comprehensive care management services to Medi-Cal members with complex health and social needs. Members enrolled in ECM will primarily receive in-person care management services that will be provided in the Member's community by contracted ECM Provider agencies who serve the Member's specific Population of Focus. To be eligible for ECM, Members must qualify for one or more of the identified ECM Populations of Focus and may not be enrolled in duplicative services.

There are 3 steps to the ECM screening and referral process:

- Step 1: Verify Member Medi-Cal eligibility.
- Step 2: Complete the age-appropriate *Population of Focus Screening Checklist* to confirm member eligibility in one or more Populations of Focus.

Send both the ECM Referral Form and the age-appropriate Population of Focus Screening Checklist securely through the designated method listed below. IEHP will review and verify the member's eligibility and respond within five (5) business days.

Email referral requests to ECMCareExtenders@iehp.org

Referral Source Information

| Referrer Name: | Referrer Organization: | |
|------------------------------------------------------------------------|------------------------|----------------------|
| Referrer Email Address: | Referrer Phone Number: | Referrer Fax Number: |
| | | |
| Does the Member have an established relationship with an ECM Provider? | | |
| Yes No | | |
| If known, please list which ECM Provider: | | |

Member Information

| Name: | IEHP MRN (if known): | Medi-Cal CIN # (if known): |
|----------------------------------------------------------------|------------------------|-----------------------------------------------------------------------|
| Date of Birth: | Preferred language: | |
| Primary phone: | Preferred call time: | County of residence: |
| Address: | Mailing address: | □ No permanent address□ No mailing address |
| If Member has an authorized representative (AOR), please name: | AOR Phone: | AOR Relationship: |
| Medi-Cal Eligibility: Member enrolled in Medi-Cal Manage | ed Care with IEHP? Yes | No |

ECM Adult Screening 21+ Years

Purpose: This data gathering, and attestation tool will be used to identify appropriate Case Management Program that patients, adults aged 21 and older, may qualify for in IEHP: Enhanced Care Management (ECM) or Complex Case Management (CCM). This tool will help the ECM Provider determine if the patient meets eligibility criteria for one or more ECM Population of Focus (PoF). Finally, when completed it serves as a referral request for authorization / enrollment for ECM services.

All questions are required unless otherwise indicated.

| 1. F | Referral Date: | |
|------|------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | Requester: Who initiated the request for Care Management services? | External ECM Care Teams Provider Patient Family member or authorized representative IEHP Department (Internal) Other external entities |
| 3. S | Source: How was patient referred to ECM? | Email Fax Health Information Exchange IEHP Dept. Telephone Walk-In/Face to Face Web/Portal |
| 1 | Health Indicator; Intellectual or Developmental Disabilities (IDD): Does the patient have any one of the following diagnoses? (Not a qualifying POF) | □ Intellectual or developmental disability □ Cerebral Palsy □ Epilepsy □ Autism □ Not applicable |
| | n. PoF Birth Equity (BE): Select the statement that best applies. Select all that apply. | □ I am currently pregnant □ I had a pregnancy in the last 12 months □ Not applicable |
| | b. What date was last day of your most recent pregnancy? (Not required) | |
| 1 | . PoF Birth Equity (BE): Does the patient identify with any of the following racial or ethnic groups? Select all that apply. | □ Black □ American Indian □ Alaska Native □ Pacific Islander □ None of the Above |

| 6. PoF Homelessness: Families or Adults without dependent children / youth living with them. | Is patient an adult without dependent children / youth living with them? If selected, go to next question. Is patient part of a homeless family? If selected, skip to Q8. Not applicable If selected, skip to Q10. |
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| 7. PoF Homelessness: Does the patient have a complex physical, behavioral, or developmental health need with inability to | ☐ Yes If selected, skip to Q9. ☐ No |
| successfully self-manage? | If selected, skip to Q10. |
| 8. PoF Homelessness: For adults with dependent children / youth (birth through age 20) living with them, do any of the following apply? | Living in motels, hotels, trailer parks, or camping grounds due to the lack of alternative adequate accommodations Living in emergency or transitional shelters; or |
| | abandoned in hospitals (in hospital without a safe place to be discharged to)Couch surfing |
| | |
| | NoIf 'No' selected, go to next question.Otherwise, skip to Q10. |
| 9. PoF Homelessness (HM): Do any of the following homeless definitions apply? 10. Does nationt most Ref. Homelessness? | Lacks a fixed, regular, and adequate nighttime residence Has a primary residence that is a public or private place not designed for or ordinarily used as a regular sleeping accommodation for human beings including a car, park, abandoned building, bus or train station, airport, or camping ground Living in a supervised publicly or privately operated shelter, designed to provide temporary living arrangements Is exiting an institution to homelessness (regardless of length of stay in the institution) Will imminently lose housing in the next 30 days Is fleeing domestic violence, dating violence, sexual assault, stalking, and other dangerous, traumatic, or life-threatening conditions relating to such violence No |
| 10. Does patient meet PoF Homelessness? | Yes, patient qualifies for PoF Homelessness. No, patient does not qualify for PoF Homelessness. |
| 11. PoF At Risk for Avoidable Hospital or ED Utilization (HU): Does patient meet any utilization criteria? | Five (5) or more emergency room visits in t he last 6 months. Three (3) or more unplanned hospital and/or short-term skilled nursing facility stays in the last 6 months. No |

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| 12. Does patient meet criteria for PoF At Risk for Avoidable Hospital or ED Utilization? | Yes, patient qualifies for PoF At Risk for Avoidable Hospital or ED Utilization No, patient does not qualify for PoF At Risk for Avoidable Hospital or ED Utilization |
| 13. PoF Serious Mental Health and/or Substance Use Disorder (SMI/SUD): Does the patient have any complex Social Determinants of Health (SDOH) risk factors? | □ Lack of access to food □ Lack of access to stable housing □ Inability to work or engage in the community □ History of Adverse Childhood Experiences (ex. Abuse, neglect, mental health, divorce, substance abuse) with an ACE screening of four or more □ Former foster youth □ History of contacts with law enforcement related to mental health or substance use □ Other – see appropriate Z codes in job aid □ No If 'No' selected, skip to Q19. Otherwise, go to next question. |
| 14. PoF SMI/SUD: Does at least one of the following apply to the patient? | At high risk for institutionalization, overdose, and/or suicide At high risk for institutionalization, overdose, andUse of hospital, ED, or urgent/crisis care for sole source of care Two or more ED visits or two or more hospitalizations due to SMI or SUD in the last 12 months Pregnant and post-partum (12 months from delivery) No If 'No' selected, skip to Q19. Otherwise, go to next question. |
| 15. PoF SMI/SUD: Is patient currently receiving specialty mental health services through the county? | ☐ Yes If selected, skip to Q17. ☐ No If selected, go to next question. |
| 16. a. PoF SMI/SUD: Does patient have diagnosis of mental disorder from the Diagnostic and Statistical Manual of Mental Disorders (DSM), or one is suspected by a Provider (excluding substance use, sleep, dementia, or autistic disorders)? | □ Yes If selected, go to next question. □ No If selected, skip to Q17. |
| 16. b. PoF SMI/SUD: Does patient experience personal distress, disability, or dysfunction in social/work/personal life, or are they at risk of loss of function in these areas? | □ Yes □ No |

| 17. PoF SMI/SUD: Is the patient currently receiving services from Drug Medi-Cal Organization Delivery System or the Drug Medi-Cal program? 18. PoF SMI/SUD: Does the patient have at least one diagnosis from the Diagnostic and Statistical Manual of Mental Disorders (DSM) for substance-related and addictive disorders (except for tobacco-related disorders)? 19. Does the patient meet criteria for PoF Serious | Yes If selected, skip to Q19. No If selected, go to next question. Yes No Yes, patient qualifies for PoF SMI/SUD |
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| Mental Health and/or Substance Use Disorder (SMI/SUD)? | □ No, patient does not qualify for PoF SMI/SUD |
| 20. PoF LTCELI and NFRT exclusions: Do any of the following statements apply to the patient's current living situation? | Lives in Intermediate care facility (ICF) Lives in Subacute care facility No If 'No' selected, go to next question. Otherwise, skip to Q28. |
| 21. PoF Living in the Community and at risk for long term care institutionalization (LTCELI): Does patient currently live in the community? | Independent housing Residential Care Facility Residential Care Facility for the Elderly (RCFEs) Any other dwelling that meets the requirements established in the Home and Community Based Services (HCBS) Settings Final Rule No If 'No' selected, skip to Q25. Otherwise, go to next question. |
| 22. PoF LTCELI: Is patient able to reside continuously in the community with wrap around supports? | ☐ Yes If selected, go to next question. ☐ No If selected, skip to Q25. |
| 23. PoF LTCELI: Is patient actively experiencing any complex SDOH risk factors? | Needing assistance with activities of daily living Communication difficulties Access to food Access to stable housing Living alone Need for conservatorship Poor or inadequate caregiving Other – see applicable Z codes on job aid No If 'No' selected, skip to Q25. Otherwise, go to next question. |

| 24. a. PoF LTCELI: Select which of the following short term Skilled Nursing Facility (SNF) level of care criteria that best applies to the patient. | Time limited and/or intermittent medical and nursing services, support, and/or equipment for prevention, diagnosis or treatment or recovering from acute illness or injury. Unskilled assistance with activities of daily living and household tasks A condition which needs therapeutic procedures such as catheter care, decubitus or ulcer dressings, post-surgical wounds, tube feedings, ostomy care, bowel, and bladder training. None If 'None' selected, go to next question. Otherwise, |
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| 24. b. PoF LTCELI: Select which of the following long term SNF level of care criteria that best applies to the patient. | skip to Q25. Continuous skilled nursing observation (BP, pulse, respiration) Regular observation of skin for conditions such as decubiti, edema, color, and turgor Careful measurement of intake and output Medications which cannot be self-administered and requires skilled nursing services for administration of the medications, non-compliant with prescribed medical regimen A physical or mental functional limitation (bedfast, |
| | quadriplegics or other severe paralysis, unable to feed self) Mental limitation including persons with a primary diagnosis of mental illness (including intellectual disability), when such patients are severely incapacitated by mental illness or intellectual disability Mental limitation including persons who exhibit early signs of dementia with few or no natural supports None If 'None' selected, go to next question. Otherwise, skip to Q25. |
| 24. c. PoF LTCELI: Select which of the following lower acuity SNF level of care criteria that best applies to the patient. | Post-surgical patients who need assistance with tube feedings and ostomy care Maintenance of the affected site (surgical or complex wound care) Personal care services Assistance with medication administration Weakness in ambulating with bouts of instability and risk for falls |
| 25. Does the patient meet criteria for PoF LTCELI? | □ None □ Yes, patient qualifies for PoF LTCELI □ No, patient does not qualify for PoF LTCELI |

| 26. PoF Nursing Facility Residents Transitioning to the Community (NFRT): Do all three of the following criteria apply to the patient? (1) Patient interested in moving out of the institution (2) Able to reside successfully in the community (3) Able to reside continuously in the community | □ Yes, all three criteria apply □ No |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 27. Does the patient meet criteria for PoF NFRT? | Yes, patient qualifies for PoF NFRTNo, patient does not qualify for PoF NFRT |
| 28. PoF Justice Involved/Incarceration (JI): Is the patient transitioning from a correctional facility or have they transitioned within the last 12 months? | □ Yes If selected, go to next question. □ No If selected, skip to Q30. |
| 29. PoF JI: Do any of the conditions apply? | Chronic Condition/Significant Non-Chronic Clinical Condition Mental illness HIV/AIDS Intellectual or developmental disability (I/DD) Pregnancy or Postpartum Substance Use Disorder (SUD) Traumatic Brain Injury No |
| 30. Does patient meet PoF JI? | Yes, patient qualifies for PoF JI?No, patient does not qualify for PoF JI? |
| 31. PoF Child Welfare (YCW), Former Foster Youth: Have you aged out of foster care in California or another state? | I am 21-26 years old AND I have been in foster care on/or after my 18th birthday Not Applicable |
| 32. Does patient meet PoF CW Foster Care | Yes, patient qualifies for PoF CW Foster Care?No, patient does not qualify for PoF CW Foster Care? |
| 33. I have performed the necessary due diligence to determine the appropriate case management program that this patient qualifies for: | a. Meets PoF criteria. Based on patient interview and/or record review, I attest that to my knowledge this Member meets eligibility criteria for at least 1 PoF for ECM and request authorization of ECM services. If selected, form completed. b. Patient Meets criteria for lower level of care. If selected, go to next question. |
| 34. Alternative care management program | a. I discussed another alternative care management program with Member, and Member declines. b. I discussed another alternative care management program with Member, and Member is interested. I will ensure that a program referral will be sent to appropriate CM program. END OF FORM |